

PE						
	Autumn		Spring		Summer	
Year 1						
	Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Question/s	Patterns of world competitions happen every four years (What are they? Are there any happening this academic year?)					
(knowledge) must know	Football originated in England. Football is played all over the world.	Many cultures use dance as a symbol of their beliefs.	Gymnasts have to be elastic to be successful	Not all sports are played as a team.	Cricket originated in England. Cricket balls are made from different materials.	London hosted the Olympics in 2012, the next one was in 2016 – they're 4 years apart.
PE Focus theme	Ball Skills – striking, fielding, throwing, catching, rolling and batting (linked to basketball, netball, football and rugby). + Create	Dance – Animal theme + Jewish dancing Dancing in a circle, in 2 lines facing each other. Kicking, twirls, linking arms and jumping). Youtube for clarification. + Create	Gymnastics moving in different ways, start and finish position, balance, jumping and landing safely + Create	Team building/Outdoor Education See skills cards + Create	Ball skills – Striking, fielding, throwing and catching, relay. (Link it to cricket, tennis) + Create	Athletics- Movement based. Hopping, skipping and jumping. + Create
(skills) be able to	Ball tracking All children to be able to identify when a ball bounces and catch (say bounce catch, bounce hit etc)	Focus: this is about the dancer's sightline and how and where the dancer looks	Shapes Balancing with one point of contact	Draw a simple map Orientate a map	Throwing – all children to embed the correct technique	Hopping, skipping and jumping.
Key Vocabulary	Invasion Contact	Rhythm Sequence	Balance Impact	Mutual Unity	Surface Technique	Stable Maximum
Ass.						
Performance/debate/world of work						