

PE						
	Autumn		Spring		Summer	
Year 4						
	Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Question/s	Level playing field/ Sportsmanship (What is meant by these terms?)					
(knowledge) must know	Ellie Simmonds won two gold medals at the Beijing Paralympics – aged just thirteen. Ellie suffers from a genetic disorder that results in dwarfism – shouldn't all members of society be allowed to perform on a level playing field?	In 1989, the worst sporting disaster in British history occurred: 96 Liverpool fans died at Hillsborough. Because of this terrible atrocity, terraced stands at football ground were banned and they became seating only in the early 1990's. Is it right that things change so dramatically after one event?	Eric Moussambani Malonga (Eric the Eel) competed for Equatorial Guinea in the 2000 Summer Olympics in Sydney. He set a World Record for the slowest time to complete a 100m freestyle – how was he aloud entrance to the Olympics?	Arthur Ashe – first black tennis champion to win Wimbledon, US open and Australian Open. Is it right that he is the only individual of African American descendant to ever win tennis championships?	The Ashes is a series of Test Match Cricket played between England and their closest rivals– is it right that sporting consumers have to pay extra to watch the best sport in the world?	Tanni- Grey Thompson, who was born with Spina bifida, won a total of 16 Paralympic medals – she graduated from Loughborough University – is she really deserved of her honour?
PE Focus theme	Swimming Gymnastics – Shapes, balances, jumps, travelling to create a sequence on the floor. Repeat all of above on apparatus +Create	Swimming Invasion games – Hockey, tag rugby, football, basketball and netball) +Create	Swimming Dance – Bhangra dancing +Create	Swimming Net and wall games – tennis and badminton +Create	Swimming Striking and fielding – Trigolf and cricket +Create	Swimming Athletics - elbow to knee and hand to face technique for running, stamina for long distance, obstacle challenges +Create
(skills) be able to	Bench, inclined bench, boxes, a frames, shaped tables	Sending and receiving with accuracy	Musicality: the ability to pick out the unique qualities of the accompaniment and make them evident through the performance	Racket control – balancing and bouncing the projectile on the racket	Targeting areas in which to strike the projectile	Techniques for throwing events
Key Vocabulary	Gala Replication	Territorial Pivot	Choreograph Sectarian	Trail-blazing Righteousness	Hostile Convicts	Dame Proficiency
Ass.						
Performance/ debate/world of work						