

PE						
	Autumn		Spring		Summer	
Year 5						
	Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Question/s	National Sporting Pride (who are national sporting heroes? Should the national anthem be sung? Should individuals not born in the country play for the national teams?)					
(knowledge) must know	<p>England's female netball team competed in the 2018 Commonwealth Games and won Gold! How many of you knew it was on the television?</p> <p>Is it right that the media only publicise certain sports? Is there a gender bias in the sport that is published? How many back pages of newspapers are covered in female sport stars?</p>	<p>Participants are given a topographical map which they use to find central points</p>		<p>GOLF: Each course has a set amount of shots in which you 'should' take in order to complete each hole. This score is said to be PAR. If you were to complete the hole/course in less, then you would have completed it under par and vice-versa for over par.</p>	<p>The most successful ever team in the Olympics is the Indian Men's Hockey Team.</p> <p>Great Britain was the birthplace of many of the sports that are now played around the world – is it right that we've allowed other countries to overtake and be better than we are?</p>	<p>Daley Thomson, British decathlete who became only the second competitor in history to win the <a href="#">decaathlon</a> at two <a href="#">Olympic Games</a>, capturing gold medals in 1980 and 1984.</p>
PE Focus theme	<p>Invasion games - Netball/Basketball</p> <p><b>+Create</b></p>	<p>Team Building/Outdoor Education/orienteering</p> <p>See skills cards</p> <p>Gymnastics</p> <p><b>+Create</b></p>	<p>Dance</p> <p><b>+Create</b></p>	<p>Trigolf</p> <p><b>+Create</b></p>	<p>Invasion games - Hockey</p> <p><b>+Create</b></p>	<p>Athletics</p> <p>Howler throw, long distance and sprinting - elbow to knee and hand to face technique for running, Long jump,</p> <p>Striking and fielding – Rounders and cricket</p> <p><b>+Create</b></p>
(skills) be able to	<p>Dodging</p> <p>Change of direction</p> <p>Traveling in multiple directions</p>	<p>Making decisions</p> <p>Problem-Solve</p> <p>Communicate</p>	<p><b>Communication of choreographic intent:</b> this is about the dancer understanding and empathising with the mood or meaning of the dance</p>	<p>Targeting areas in which to strike the projectile</p>	<p>Spatial awareness</p> <p>Change of speed</p> <p>Anticipation</p> <p>Footwork</p>	<p>Throw length</p> <p>Throw accuracy</p> <p>One/two hand pick up</p> <p>Catching high ball</p>
Key Vocabulary	<p><b>Etiquette</b></p> <p><b>Impartial</b></p>	<p><b>Self-efficacy</b></p> <p><b>Companionship</b></p>	<p><b>Exquisite Motif</b></p>	<p><b>Par</b></p> <p><b>Nostalgia</b></p>	<p><b>Inundated</b></p> <p><b>Seizure</b></p>	<p><b>Proficiency</b></p> <p><b>Dexterity</b></p>
Ass.						
Performance/debate/world of work						