

Implementation – KS1

Year One	Fundamental Movement Skills 1	Gymnastics - Balancing & spinning on Points & Patches	Dance - Animals	Fundamental Movement Skills 3	Net & Wall Game Skills 2	Athletics 2
	Net & Wall Game Skills 1	Gymnastics - Pathways - small & long	Locomotion 2	Yoga	Fundamental Movement Skills 2	Invasion Game Skills 2
Year Two	Invasion Game Skills 3	Gymnastics - Spinning, turning & twisting	Fundamental Movement Skills 3	Dance - Under the Sea	Striking & Field Game Skills 2	Athletics 2
	Social Distance 1	Net & Wall Game Skills 2	Create your own unit	Target Games 3	Fundamental Movement Skills 2	+