

Implementation – EYFS

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-----------|-------------------|-------------------------------|--|----------------|-----------------------------------|-------------|
| Nursery | Locomotion 1 | Dance - Seasons | Gymnastics - Parts high & parts low | Yoga | Target Games 1 | + |
| | Fine Motor skills | Dance - Nursery Rhymes | Gymnastics - Travelling, stopping, making shapes | Stability 1 | Target Games 1 | + |
| Reception | Fine Motor skills | Fundamental Movement Skills 1 | Gym - Rocking & Rolling | Dance - Circus | Net & Wall Game Skills 1 | Athletics 1 |
| | A Day on the Farm | Dance - Circus | + | + | Striking & Fielding Game Skills 1 | + |