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Dear Parents/Carers,

You may have seen the news about the increasing number of measles cases in Leicester.

It's important that if you would like your child to be vaccinated, or if you are unsure of your child's vaccination status, you contact your GP, they will be able to help you.

IMPORTANT: If your child contracts measles, they should not attend school for a minimum of four days from when the rash first appears. They should also try to avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

Measles is circulating – Key points

- Measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year of age and the second at 3 years, 4 months
- If your children missed these vaccines, it's not too late. Ask for the **free** vaccine from your family doctor (GP) if your children aren't up-to-date
- If your child has symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- Symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms

Go to [nhs.uk](https://www.nhs.uk/conditions/measles/) for more [measles information](https://www.nhs.uk/conditions/measles/)

NHS measles information : <https://www.nhs.uk/conditions/measles/>

NHS MMR information : <https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

Yours sincerely

HPS